

CHARLES G. JOSE

EDUCATION

- 2013-2017 **Medical Doctorate**
University of Nevada, Reno School of Medicine
- 2012-2013 **Master of Public Health** in Health Policy & Management
Boston University School of Public Health
- 2007-2011 **Bachelor of Arts** in Mathematics
University of Nevada, Reno

POST-DOCTORAL TRAINING

- 2017-2020 **Resident Physician & Chief Resident**
Family Medicine Residency of Western Montana (University of Montana)
University of Washington Family Medicine Residency Network

LICENSURES & DRUG ENFORCEMENT AGENCY REGISTRATION

- NPI: **1881125938**
- ALASKA: (STATUS: ACTIVE EXPIRES: 12/31/2022)
- DEA: (STATUS: ACTIVE EXPIRES: 12/31/2022)

HOSPITAL PRIVILEGES & EMPLOYMENT

- 2020-Present **PeaceHealth Medical Group (PeaceHealth Ketchikan Medical Center)**, Family Medicine Clinic
Provider & Hospitalist – 1.0 FTE

FACULTY APPOINTMENTS

- 2020-Present **Clinical Instructor**, University of Washington School of Medicine
Department of Family Medicine

COURSES & CERTIFICATIONS

- PENDING **Advanced Trauma Life Support**, American College of Surgeons
- 2020 **Pediatric Advanced Life Support**, American Heart Association
- 2019 **Advanced Cardiovascular Life Support**, American Heart Association
- 2019 **Neonatal Resuscitation Program**, American Academy of Pediatrics/American Heart Association
- 2018 **Pediatric Fundamental Critical Care Support**, Society of Critical Care Medicine
- 2018 **Office-Based Treatment for Opioid Use Disorders**, American Society of Addiction Medicine
- 2018 **Nexplanon Trained Clinician**, Merck Clinical Training Program
- 2017 **Basic Life Support**, American Heart Association
- 2017 **Advanced Life Support in Obstetrics**, American Academy of Family Physicians
- 2017 **Advanced Wilderness Life Support**, Wilderness Medical Society

HONORS & AWARDS

Residency	<p>Family Medicine Resident Award for Advocacy, Association of Family Medicine Residency Directors, 2019 <i>Awarded to residents who have demonstrated skills and interest in legislative or regulatory advocacy.</i></p> <p>Faculty for Tomorrow Resident Scholarship, Society of Teachers of Family Medicine, 2019 <i>Awarded to underrepresented racial and ethnic populations in the medical profession who are strongly interested in careers in academic medicine.</i></p>
Medical School	<p>Outstanding Student in Family Medicine, University of Nevada, Reno School of Medicine, 2017 <i>Awarded to one graduating fourth year medical student.</i></p> <p>Cavanaugh Community Volunteer Award, University of Nevada, Reno, 2017 <i>Awarded to one UNR graduating student with record of outstanding community service work.</i></p> <p>Excellence in Public Health Award, United States Public Health Service, 2015 <i>Recognizes commitment to advocacy, education, and service for marginalized and underserved populations.</i></p>
Graduate School	<p>BUSPH Merit Award, Boston University School of Public Health, 2012</p>
Undergraduate	<p>Kremlin Fellow, Library of Congress, 2011 <i>Selected as one of 15 student body presidents in the nation to represent the United States in a pilot Russian leadership exchange program.</i></p>

PROFESSIONAL POSITIONS & MAJOR APPOINTMENTS

2020-Present	<p>Family Medicine Site Director, PeaceHealth Ketchikan Medical Center, WWAMI Regional Medical Education Program, University of Washington School of Medicine <i>Clinical clerkship director for medical students in the Rural Underserved Opportunities Program (RUOP), Targeted Rural Underserved Track (TRUST), and WWAMI Rural Integrated Training Experience (WRITE).</i></p>
2020	<p>Medical Direction & Research, Testing Branch Lead, Missoula City-County Health Department, Incident Command System for COVID-19 Response <i>On-site physician consultant for the MCCHD COVID-19 Drive Thru Testing Clinic. Responsible for medical oversight with respect to: COVID-19 testing protocol development, daily workflow monitoring and evaluation, application of dynamic CDC-recommended testing guidelines, community-wide surveillance testing strategic planning.</i></p>
2019-2020	<p>Chief Resident, Family Medicine Residency of Western Montana <i>Elected as one of two chief residents responsible for facilitating communication between peer residents, faculty, and staff. Duties include, but not limited to: working with Program Director and Associate Program Director in planning and leading discussions for resident, resident-faculty, and faculty meetings; working with resident colleagues to identify problems and solutions within the residency program; assisting in curricular development; and developing and implementing new educational experiences.</i></p>
2020	<p>Advisory Group Resident Representative, American Academy of Family Physicians National Research Network <i>Appointed resident responsible for advising the Network Director in matters regarding the AAFP NRN research agenda and portfolio to ensure these are consistent with the needs of family physicians and their patients, assisting in strategic planning, identifying potential investigators, projects, and funders for the Network, providing advice regarding specific projects of the Network.</i></p>
2019	<p>Resident Delegate, American Academy of Family Physicians</p>

Resident representative to the National Congress of Family Medicine Residents for the state of Montana, as selected by the Montana Academy of Family Physicians. Served on Reference Committee.

- 2018-2019 **Board Member, Board of Trustees**, Montana Medical Association
Resident representative for the Family Medicine Residency of Western Montana responsible for engaging resident physicians in health policy and advocacy within the state of Montana. Participant in the Hard-wiring Leadership Excellence in Medicine training to improve clinical leadership in the health care setting.
- 2016-2017 **Director IV**, University of Nevada, Reno School of Medicine Student Outreach Clinic
Senior medical student appointed to assist with grant writing, clinic development, and growth projects including, but not limited to: satellite clinic development, financial portfolio expansion, clinic operations improvement. Voting member of the Board of Directors. Established a Division of Social Work within the student-run, patient-centered medical home that is responsible for: staffing social workers at each clinic, running a phone bank to improve patient contact and follow-up, and collecting demographic and social data to target clinic operations and develop data-driven marketing strategies.
- 2015-2016 **Student Representative & Sub-Group Leader**, University of Nevada, Reno School of Medicine Community Partners & Rural Health Strategic Planning Committee
Responsible for developing goals and measurable outcomes to improve medical school outreach with local and rural communities during a time of institutional transition.
- 2014-2015 **Community Relations Officer**, University of Nevada, Reno School of Medicine Student Outreach Clinic
Facilitated partnerships with the greater northern Nevada medical community as well as recruited and coordinated physician volunteers to precept at all monthly clinics. Developed an Upstreaming Project initiative that expanded social work services within the clinic to address the social determinants of health among patients. Voting member of the Board of Directors.
- 2010-2011 **President**, Associated Students of the University of Nevada (Student Body President)
Managed a \$1.8 million budget while representing students to university administration, Nevada Board of Regents, Nevada Legislature, and the local community.

MAJOR COMMITTEE ASSIGNMENTS

- 2020-Present **Antimicrobial Stewardship Committee**, PeaceHealth Ketchikan Medical Center
Responsible for reviewing and implementing antimicrobial stewardship best practices within the hospital and clinic settings.
- 2020-Present **Community Collaboration Committee**, PeaceHealth Ketchikan Medical Center
Physician representative and advocate for community engagement to improve clinical health outcomes.
- 2019-2020 **Advising & Remediation Committee**, Family Medicine Residency of Western Montana
Responsible for identifying ways to improve advising and resident remediation policies and procedures.
- 2019-2020 **Diversity & Inclusion Committee**, Family Medicine Residency of Western Montana
Responsible for improving resident and faculty education on diversity and inclusion in medicine. Worked with residency recruitment committee to improve recruitment strategies for medical students underrepresented in medicine.
- 2019-2020 **Ambulatory Curriculum Committee**, Family Medicine Residency of Western Montana
Responsible for evaluation of ambulatory rotations and clinic work flows.
- 2017-2019 **Medicine Curriculum Committee**, Family Medicine Residency of Western Montana
Responsible for evaluation of all inpatient rotations. Developed an Adult Medicine Inpatient Guide for incoming interns.
- 2016-2017 **Student Hotspotting Learning Collaborative**, Camden Coalition

Student leader of a pilot program composed of an interprofessional team (medical students, public health professionals, nursing students, and local physicians) that identified and treated high utilizers of care. Co-sponsored by the Association of American Medical Colleges and Primary Care Progress.

2014-2017 **Admissions Selection Committee**, University of Nevada, Reno School of Medicine

TEACHING EXPERIENCE

2020-Present **Clinical Instructor**, University of Washington School of Medicine
Outpatient and inpatient clinical instructor for University of Washington School of Medicine medical students and PA students as well as visiting residents.

2017-2020 **Resident**, Family Medicine Residency of Western Montana
Resident educator for: University of Washington School of Medicine WWAMI third and fourth year medical students, University of Montana Skaggs School of Pharmacy students, and visiting sub-internship medical students.

2018 **Facilitator**, Pharmacy SIMS Lab, University of Montana Skaggs School of Pharmacy

2016-2017 **Small Group Leader**, Teaching in Medicine, University of Nevada, Reno School of Medicine

2016-2017 **Supplemental Instructor**, Family Medicine Clerkship, University of Nevada, Reno School of Medicine

2014-2015 **Supplemental Instructor**, Anatomy, University of Nevada, Reno School of Medicine

RESEARCH EXPERIENCE

2020-Present **Site Research Lead**, WWAMI region Practice Research Network, University of Washington
Primary research lead and contact for the WWAMI region Practice and Research Network (WPRN), a collaborative group of primary care practices in the WWAMI (Washington, Wyoming, Alaska, Montana, Idaho) region committed to research and practice improvement.

2019 **Larry A. Green Visiting Scholar**, Robert Graham Center for Policy Studies in Family Medicine and Primary Care
Evaluated policy opportunities and state approaches related to primary care spend in the United States. Developed a qualitative study to thematically analyze the processes of passing, implementing, monitoring, and evaluating state-level legislation to increase primary care spend. Responsible for literature review, study design, IRB submission, data collection, analysis, and management. PI: Yalda Jabbarpour, MD; Andrew Bazemore, MD, MPH

2014-2017 **Co-Investigator**, University of Nevada, Reno School of Medicine
Department of Internal Medicine
Developed a 3-year prospective cohort study to assess the efficacy of an education program in improving the prognosis of patients with type 2 diabetes and to link patients to resources including: access to a blood glucose monitor, healthy food options, social support services, and affordable medications. Responsible for literature review, study design, IRB submission, assessment development, patient recruitment and enrollment, and data analysis and management. PI: Evan Klass, MD

2014 **Student Research Training Program Participant**, Vanderbilt University School of Medicine
Department of Pharmacology
Performed islet isolation, glucose-stimulated insulin secretion static cultures, AlphaLISA insulin assays, GST purification, and Alphascreen competition assays to study the role of G protein-coupled receptors in exocytotic glucose-stimulated insulin secretion. Supported by NIH T32DK007061. PI: Heidi Hamm, PhD

2012-2014 **Research Intern**, Boston Medical Center, Section of General Internal Medicine
Clinical Addiction Research and Education (CARE) Unit

Developed a cross-sectional research study examining the characteristics and motivations of overdose education and naloxone rescue kits for family members of opioid users. Responsible for literature review, study design, assessment development, IRB submission, and data management. Supported by NIDA R25DA033211. Faculty Mentor: Alexander Walley, MD, MSc; PI: Sarah Bagley, MD

- 2012-2013 **Project Coordinator**, Boston Medical Center, Section of General Internal Medicine
Clinical Addiction Research and Education (CARE) Unit
*Conducted research in clinical addiction and substance abuse to improve the lives of HIV-infected individuals with unhealthy alcohol and other drug use.
Assisted in patient recruitment and enrollment, RCT protocol design, assessment development, IRB submission, data management, manuscript writing, literature review, investigational new drug application preparation, and grant proposal preparation.
Supported by NIH U24AA020778 and U01AA020784. PI: Jeffrey Samet, MD, MA, MPH*

ORAL PRESENTATIONS

- 2020 **Building Resident Training for Hepatitis C Treatment for Rural and Underserved Populations**
Scholarly Topic Roundtable Presentation, Society of Teachers of Family Medicine 2020 Annual Spring Conference
- 2020 **Short Bowel Syndrome: Sequelae & Management**
Friday Medical Conference and Residency Capstone, Postgraduate Institute for Medicine and Western Montana Area Health Education Center
- 2019 **Values and Ethics: Medical Ethics Overview and Cases**
AHHS 491/591 Interprofessional Education Seminar, University of Montana College of Health Professions & Biomedical Sciences
- 2019 **Primary Care Endoscopy Training in Rural Montana**
Scholarly Topic Roundtable Presentation, Society of Teachers of Family Medicine 2019 Annual Spring Conference
- 2017 **Health Care Ethics Cases**
AHHS 491/591 Interprofessional Education Seminar, University of Montana College of Health Professions & Biomedical Sciences
- 2017 **Hotspotting: Barriers & Strategies in Navigating the Health Care System**
One-Hour CME Course, Renown Health, Reno, Nevada
- 2014 **The role of α_{2A} adrenergic receptors via G $\beta\gamma$ -SNARE inhibition in exocytotic glucose-stimulated insulin secretion.**
NIDDK Medical Student Research Symposium, Vanderbilt University School of Medicine
- 2013 **Motivations and benefits of overdose education and naloxone distribution for family members of opioid users.**
BUSPH Practicum Poster Session, Boston University School of Public Health
- 2012 **Article Review – Medical marijuana laws in 50 states: Investigating the relationship between state legalization of medical marijuana use, abuse and dependence.**
Journal Club, Clinical Addiction Research and Education (CARE) Unit, Boston Medical Center

ABSTRACTS

Matheny A, Jose C, Morgosh K, Horne S. Building Resident Training for Hepatitis C Treatment for Rural and Underserved Populations. Society of Teachers in Family Medicine 2020 Annual Spring Conference, May 2-6, 2020, Salt Lake City, Utah. (*Rescheduled due to COVID-19*)

Jose C, Jabbarpour Y, Gonzalez M, Etz R, Bazemore A. Primary Care Spend Legislation by State: A Thematic Stakeholder Analysis. 47th NAPCRG Annual Meeting, November 16-20, 2019, Toronto, Ontario, Canada.

Jose C, Matheny A, Cruikshank R, Bell D. Primary Care Endoscopy Training in Rural Montana. Billings Clinic Research Symposium, Rural Healthcare Education: Learning & Teaching Under the Big Sky, May 17, 2019, Billings, Montana.

Jose C, Matheny A, Cruikshank R, Bell D. Primary Care Endoscopy Training in Rural Montana. Society of Teachers in Family Medicine 2019 Annual Spring Conference, April 30, 2019, Toronto, Ontario, Canada.

Jose C, Zurawski Z, Han C, Stauffer SR, Hamm HE. The role of α_{2A} adrenergic receptors via G $\beta\gamma$ -SNARE inhibition in exocytotic glucose-stimulated insulin secretion. 32nd Annual George G. Bierkamper Student Research Convocation, October 20, 2014, Reno, Nevada.

Jose C, Zurawski Z, Han C, Stauffer SR, Hamm HE. The role of α_{2A} adrenergic receptors via G $\beta\gamma$ -SNARE inhibition in exocytotic glucose-stimulated insulin secretion. NIDDK Medical Student Research Symposium, August 6-7, 2014, Nashville, Tennessee.

Bagley SM, Peterson J, Cheng DM, **Jose C**, O'Connor P, Walley AY. Overdose Education and Naloxone Rescue Kits for Family Members of Opioid Users: Characteristics, Motivations and Naloxone Use. CPDD, June 14-19, 2014, San Juan, Puerto Rico.

PUBLICATIONS

Jose C, Jabbarpour Y. Primary Care Spend in Delaware: Qualitative Features for Innovation. Delaware Journal of Public Health. 2019 Dec 1; 5(5):40-41.

Jabbarpour Y, Greiner A, Jetty A, Coffman M, **Jose C**, Petterson S, Pivara K, Phillips RL, Bazemore A, Kane AN. Investing in Primary Care: A State-Level Analysis. Patient-Centered Primary Care Collaborative Report. 2019 Jul 17.

Bagley SM, Peterson J, Cheng DM, **Jose C**, O'Connor P, Walley AY. Overdose education and naloxone rescue kits for family members of opioid users: Characteristics, motivations and naloxone Use. Subst Abus. 2015 Jan 7:0.

Song R, Hennig GW, Wu Q, **Jose C**, Zheng H, Yan W. Male germ cells express abundant endogenous siRNAs. Proc Natl Acad Sci USA. 2011 Aug 9; 108(32):13159-64.

NON-MEDICAL PUBLICATIONS

Jose C. A primary care call to arms: Policy meets motivational interviewing. *Montana Academy of Family Physicians magazine*. 2019 Sept: 14-15. Print.

Jose C. I-185 benefits veterans, many others. *Missoulian (Online Ed.)*. Opinion section. 2018 Oct 7. Retrieved from https://missoulian.com/opinion/letters/i--benefits-veterans-many-others/article_57278a87-a044-5530-9280-8593f4c50385.html.

COMMUNITY ENGAGEMENT

2020-Present **Ketchikan Volunteer Rescue Squad**, Member
2021-Present **Ketchikan Arts and Humanities Council**, Board Member

PROFESSIONAL SOCIETIES & AFFILIATIONS

2020-Present **Society of Hospital Medicine**, National Member
2019-Present **North American Primary Care Research Group**, National Member

2018-Present	Society of Teachers of Family Medicine , National Member
2014-Present	American Academy of Family Physicians , National Member
2013-2020	American Medical Association , National Member
2017-2020	Montana Academy of Family Physicians , Montana Chapter
2018-2019	Montana Medical Association , Montana Chapter
2014-2017	American College of Physicians , National Member
2014-2017	Nevada Public Health Association , Northern Nevada Chapter

PERSONAL INTERESTS

Hiking, traveling, mountain biking, trail running, weight training